

Coaching Requirements:

Head Coach

- 2-4 meetings a week with team (to include practices, games, film study, etc.)
- Proper use of HUDL (all games are filmed, kids are given access to film to see their game, coaches go over film from games, get film to go over with the team prior to the next game (if available))
- Teach fundamentals
- Attend all meetings set by coach Eads to work with coaches
- Report any disciplinary playing time issues to the league director prior to games
- Go over player participation sheet with Assistant Coach after games (make sure every kid gets the proper number of plays)
- Make sure all kids are involved in every practice and improving
- Have a playbook to the kids for offense and defense to begin learning early as possible
- Have a gameplan for all practices and work with assistant coaches to know what to teach and their roles in the practice format
- You are allowed to be the OC or DC if you desire, but not both. (If you get sick, have a personal issue, suspension, etc., the team does not need to replace the play caller on both sides of the ball.)
- Find ways to delegate and empower your coaches. If you teach them, work with them, and they are given responsibilities, your whole team will be better.
- Take care of team equipment: footballs, medical kit, etc.
- Setup a GroupMe for your team, so the head coach and team mom can get information out to the parents, and parents can ask questions.
- Know all rules of the JSYFL Football League

Assistant Head Coach: - Can be included in another coach's role below

- Keep Player Participation Sheets for each game – to help head coach with any parent issues from playing time
- Attend all meetings set by coach Eads to work with coaches
- Use Hudl to Gameplan with Head Coach – Opponent Formations, Tendencies, Key Players, etc.
- Help Head Coach in any roles if needed.
- Know all rules of the JSYFL Football League

Defensive Coordinator (DC):

- Attend all meetings set by coach Eads to work with coaches
- Implement any terminology from school possible into team's defensive calls
- Work with head coach on having defensive alignments, blitzes, and coverages along with names to put in playbook
- Head of play calling during games for the defense
- Know all rules of the JSYFL Football League

Offensive Coordinator (OC):

- Attend all meetings set by coach Eads to work with coaches
- Implement any terminology from school possible into team's calls
- Work with head coach on having all offensive plays, formations, and audible terminology to put in playbook
- Head of play calling during games for the offense
- Know all rules of the JSYFL Football League

Line Coach:

Defensively –

- Teach all lineman the gaps and based on positions their assignments
- Defensive Techniques – 1,2,3,5,6,7,9, etc.
- Terminology – Blitz, Stunt, Gap Control, Position Names, etc.

Offensively –

- Teach all kids the number and corresponding hole for plays and lining up
- Positions, Blocking Techniques, Terminology, and Assignments
- Know all rules of the JSYFL Football League

Skills Position Coach:

Defensive –

- Different Coverages and alignments that DC and Head Coach want to implement
- Teach DBs different pass coverage techniques and alignments and run support responsibilities

Offensive –

- WRs (SE and FL), TE, & RB alignment on plays
- Teach proper route running and blocking
- Terminology for offensive and defensive backs (Ex. numbers reflecting positions - 1234 = QB, TB, FB, WB, etc.)
- Know all rules of the JSYFL Football League

Volunteers,

The coaching items listed above are **requirements** for the job roles. Please make sure you can commit to these requirements. We want to give these kids the best chance at learning the most and having success this season and in their future. There will be other things outside of this list that are required, such as signing the Code of Conduct Form, passing the Background Check, and passing the mandatory Training/Safety Certification Course.

Thank you for your interest in helping these kids learn more about the game of football. Please email any questions or applications to president@rocketyouthfootball.com.

Sincerely,

Rocket Youth Tackle Football Board